

SSP.SS.02.1

Working at height (16 piece puzzle)

Matching statements

Avoid working at height (example/s)	Assemble at ground level, use extendable handles on equipment
Collective fall prevention (example/s)	MEWPs, scaffolding with edge protection
Personal fall prevention (example/s)	A work restraint system preventing a worker getting into a fall position
Collective fall mitigation (example/s)	Safety netting, airbags or soft landing systems
Personal fall mitigation (example/s)	A fall arrest system (harness & shock absorbing lanyard)
Should be considered when planning all WAH activities	The skills, knowledge, training and experience of each individual involved
Methods for erecting mobile access towers (PASMA)	Advanced guard-rail system Through-the-trap (3T method)
(MEWPs) Mobile elevating work platforms	Will need a lift plan for all work and thorough examination every six months (LOLER)
A rescue plan should.....	Not rely on the emergency services
EN131 ladder	Domestic, or trade and industrial standards
Average number of fatalities every year as a result of falls through fragile surfaces	7
A leaning ladder should be set at an angle of degrees	75
Ladders should only be used for.....	Short duration work
Working at height (definition)	Any height where a fall could cause personal injury
Top guard rails should be a minimum of cm above the working platform	95
Personal harnesses should be thoroughly examined at least every months	6
All equipment for working at height should be.....	Inspected before use
Personal fall arrest systems should be considered as.....	The last resort

Finished puzzle shape:

