

SSP.HSA.02

Health, hazardous substances, noise and vibration

(12-piece puzzle)

Matching statements

Employer duty	Avoid the use of hazardous substances where possible
Employee duty	Follow the safe system of work for the task
The last resort for controlling exposure to dust	Respiratory protective equipment (RPE)
Effective methods of controlling dust exposure	Avoid creating dust, on-tool extraction, dampening down, wet cutting
Should be carried out before issuing respiratory protective equipment	Face-fit testing
Hand-arm vibration syndrome (HAVS) symptoms	Pain & numbness, loss of sense of touch, pins & needles, loss of grip strength...
Whole body vibration	Associated with spinal injuries
The damage from exposure to high levels of noise or vibration can be...	Permanent and disabling
You should be wearing hearing protection if you have to shout to be understood from...	2 metres or less
You can help to reduce the risk of HAVS injuries by....	Keeping your hands warm, not exceeding usage limits on tools, relaxing your grip, taking regular breaks
Effects of noise exposure	Noise induced hearing loss, stress, fatigue, loss of concentration
If you think you have discovered asbestos you should.....	Stop work immediately, warn others to keep away, report to your supervisor or employer

Finished puzzle shape:

